



ROCKET

Bar Lunch Menu
Monday, 30th January – Friday, 3rd February
12.00 pm – 6.00 pm

This week's £6.00 pasta special

Penne Bolognese

topped with grated Parmesan cheese and accompanied by a mixed leaf salad
(A vegetarian option with mixed vegetables and tomato sauce also available (v))

£6.00

Sandwiches and salads

Buffalo mozzarella, fresh tomato and roasted tomato salad with fresh rocket and ciabatta bread drizzled with a homemade pesto and balsamic dressing

£7.75

Grilled chicken breast ciabatta bread sandwich with a sweet onion relish, rocket and a tomato & balsamic dressing. Served with big chips

£8.75

Fish finger sandwich of crispy battered cod with lettuce and a tartare sauce on a pan de mie bun. Served with big chips

£7.85

Grilled haloumi cheese, honey roasted ham and rocket sandwich topped with mango salsa. Served with big chips and a mustard mayonnaise

£8.75

Spicy beef burger with a sweet onion relish, salad and tomatoes on a pan de mie bun. served with big chips

£8.50

(with bacon or cheese too - £9.50)

Chopped steak, smoked chicken or mature cheese salad

with lettuce, peppers, tomatoes, cucumber, spring onions, basil, sweet corn, and palm hearts tossed in a creamy sweet bacon and mustard dressing

£8.75

This week's bar sandwich special

Pork, apple and sage burger with rocket, tomato and a red pepper & caramelised onion relish accompanied with big chips and a mustard mayonnaise

£8.95



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Starters and sharing plates

Chorizo and Manchego cheese tortino served with a tomato-pesto salsa	£6.85
Spicy red pepper hummus and spicy tomato-lime salsa served with homemade flat bread	£4.85
Fried spicy baby squid with rocket, garnished with peppers and spring onions served with a sweet chilli and lemon dressing	£6.25
Antipasto plate with a selection of Mediterranean cured meats, marinated bocconcini & olives, pickled vegetables and artisan bread (ideal for sharing)	£9.50

A selection of dishes from our restaurant à la carte menu available today on our bar menu

Chef's salad with Saint Agur and pears, goat's cheese and Kalamata olives, bocconcini and pesto, peas, tomatoes, avocado salsa, beetroot and toasted seeds served with a parmesan pine nut dressing (a vegetarian version with dolcelatte cheese and a lemon dressing is available (v))	£12.75
Moroccan spiced baby aubergine, chickpea & butternut squash in a rich tomato sauce served on a quinoa, cucumber, mint, pepper, radish, tomato, green bean and red onion salad topped with an orange-yogurt sauce (v)	£12.25
Crayfish and salmon fishcakes served on a bed of salad with tomatoes, green beans, peppers, radishes, cucumber, and red onions accompanied by a lime mayonnaise	£13.25
Smoked chicken and goat's cheese salad with pears, spicy pecans, tomatoes, red onions, grapes, mixed leaves and basil drizzled with a bacon, mustard and honey dressing	£14.50
Fish and chip salad on a bed of rocket, red onions, pickled vegetables and fried capers drizzled with a light herbed mustard dressing and accompanied by a tartar sauce	£15.50
Surf and turf salad with prawns, baby squid, rare beef, cucumber, green beans, radishes, tomatoes, red onions and peppers drizzled with a spicy lime, tomato and chilli salsa	£15.50
Chicken Milanese served with a rocket, Parmigiano Reggiano cheese and cherry tomato salad drizzled with preserved lemon, capers & chilli dressing	£13.75

Side Orders

Selection of breads	£3.25
Hand cut big chips	side dish £3.25
	large portion with mustard mayonnaise £3.75
Mixed leaf salad with tomato, cucumber and red onion	£3.25
Rocket and parmesan salad	£4.25

Please note that some of our dishes contain nuts and wheat.

If you have a food allergy, please ask for more details about the ingredients of any of our dishes.

(v) Denotes vegetarian dishes. Please do ask about other dishes that can be adapted to be vegetarian.

An optional 12.5% service charge will be added to your bill. This is distributed in its entirety to the members of the team who serve you.