



R O C K E T

Starters

Soup of the week served with artisan bread	£5.50
Feta cheese, cassava and herb fritters served with rocket and a spicy mango salsa (v)	£6.25
Fried spicy baby squid with rocket, garnished with peppers and spring onions served with a sweet chilli and lemon dressing	£6.25
Chorizo and Manchego cheese tortino with a tomato-pesto salsa	£6.85
Smoked trout mousse topped with a red pepper and herb relish served with artisan bread	£6.50
Buffalo mozzarella with a cherry tomato, oregano, balsamic and extra virgin olive oil salsa accompanied by toasted artisan bread (v)	£6.85

Our Signature Main Course Salads and Grills

Chef's salad with Saint Agur & pears, goat's cheese & Kalamata olives, bocconcini & pesto, peas tomatoes, avocado salsa, beetroot & toasted seeds served with a Parmesan pine nut dressing (a vegetarian version with dolcelatte cheese and a lemon dressing is available (v))	£12.75
Crayfish and salmon fishcakes served on a bed of salad with tomatoes, green beans, peppers, radishes, cucumber, and red onions accompanied by a lime mayonnaise	£13.25
Smoked chicken and goat's cheese salad with pears, spicy pecans, tomatoes, red onions, grapes, mixed leaves and basil drizzled with a bacon, mustard and honey dressing	£14.50
Fish and chip salad on a bed of rocket, gherkins, red onions, pickled vegetables and fried capers drizzled with a light herbed mustard dressing and accompanied by a tartar sauce	£15.50
Rare beef and chip salad with rocket, deep fried green beans, red onions, radishes, crispy garlic & fried chilli drizzled with gingered black bean dressing, served with a ginger mayonnaise	£16.50
Surf and turf salad with fried prawns & baby squid, seared rare beef, cucumber, green beans radishes, tomatoes, red onions & peppers drizzled with a spicy lime, tomato & chilli salsa	£15.50
Chicken Milanese served with a rocket, Parmigiano Reggiano cheese and cherry tomato salad drizzled with a preserved lemon, capers & chilli dressing	£13.75

Seasonal Grills and Main Course Salads

Moroccan spiced baby aubergine, chickpea and butternut squash in a rich tomato sauce served on a quinoa, cucumber, mint, pepper, radish, tomato, green bean and red onion salad topped with an orange-yogurt sauce (v)	£12.25
Sweet potato, chilli and chive cakes on a baby spinach, roasted baby corn and cherry tomato salad with a tomato dressing (v)	£10.50
Pan-fried prawns and pancetta on a cauliflower puree topped with a warm green bean, new potato and cherry tomato salad garnished with watercress	£14.25
Lime-chilli glazed swordfish with a wasabi, spinach & potato mash and a sweet pepper-ginger sauce topped with crispy greens	£15.50
Venison marinated in red wine & juniper berries served with a roasted parsnip, sweet potato red onion & watercress salad drizzled with a sherry vinegar and redcurrant vinaigrette	£16.75



Pizzas

Mozzarella, tomato and basil (v) (substitute for buffalo mozzarella £10.75)	£8.00
Roasted vegetables topped with baby mozzarella and drizzled with a chilli glaze (v)	£9.85
Anchovy with chillies, olives, mozzarella, tomatoes, and capers	£10.00
Buffalo mozzarella with a creamy Marsala wine, mushroom and truffle oil sauce sprinkled with Parmesan (great with extra chorizo - £14.00)	£12.50
Spicy Mediterranean sausage with gorgonzola cheese, roasted tomato, aubergine, peppers and caramelized red onions	£11.75
Pancetta and goat's cheese with fresh tomatoes and balsamic syrup (a vegetarian option with roasted butternut squash, chillies & goat's cheese is also available (v))	£11.25
Prosciutto and rocket with fresh tomatoes	£12.50
Salami, chorizo, ham, pancetta and roasted chilli with tomatoes and mozzarella	£13.00
Smoked black pudding, butterfly king prawn and pancetta with green chillies	£13.50
Smoked chicken and caramelized baby onions with roasted cherry tomatoes and rosemary, garnished with fresh rocket	£12.75
Calzone 4 formaggi with melting mozzarella, ricotta, dolcelatte and goat's cheese with broccoli spears, caramelised onion, pine nuts and basil (v)	£12.25
Calzone filled with chorizo sausage, prawns, roasted tomatoes, olives, red onions, jalapeños, parsley, tomatoes and mozzarella	£13.50

Side Orders

Selection of breads	£3.25
Pesto and tomato pizza bread	£4.00
Kalamata olive paste and tomato pizza bread	£4.00
Garlic and rosemary pizza bread	£2.75
Parmesan and garlic pizza bread	£4.00
Rocket and Parmesan salad	£4.25
Hand cut big chips	£3.25
Tomato, cucumber, red onion and crispy caper salad	£3.25
Butternut squash and rosemary sprinkled with toasted pumpkin and sunflower seeds	£3.25
Mixed leaf salad with tomato, cucumber and red onion	£3.25
Buttered chilli & mint new potatoes and green beans	£3.25

Please ask for our weekly specials.

Please note that some of our dishes contain nuts and wheat.

If you have a food allergy, please do not hesitate to ask for more details about the ingredients of any of our dishes.

(v) Denotes vegetarian dishes. Please do ask about other dishes that can be adapted to be vegetarian.

An optional 12.5% service charge will be added to your bill.
This is distributed in its entirety to the members of the team who serve you.